

# Testo-Quench™

## DESCRIPTION

Testo-Quench™, provided by Douglas Laboratories®, is designed to support the healthy function of skin, hair, heart, breasts, vagina and other testosterone sensitive tissues in women, and the health of prostate tissue in men

## FUNCTIONS

The anti-androgens beta-sitosterol, palmitic acid and stearic acid are all active components of Saw Palmetto, Holy Basil and Fenugreek. Holy Basil and Fenugreek both have the ability to maintain healthy blood sugar and lipid levels, a beneficial function for both genders, but especially important for women with androgen excess. The antioxidant properties observed in each of the herbs may also maintain prostate health and support the body's normal inflammatory processes. The same properties can maintain the healthy function of testosterone sensitive tissue in women.

## INDICATIONS

Testo-Quench may be a useful dietary adjunct for men and women wishing to support testosterone sensitive tissues.

## FORMULA (#99093)

### 3 Capsules Contain:

Testo-Quench Herbal Proprietary Blend 2160 mg  
Saw Palmetto(berry, standardized to 25% fatty acids),  
Fennel(Foeniculum vulgare, seed), Urtica dioica(leaf,  
standardized to 1% plant silica), Ocimum sanctum(leaf),  
Trigonella foenum-graecum(seed) and Pygeum  
africanum(bark, standardized to 12% phytosterols)

## SUGGESTED USE

Adults take 3 capsules daily with meals or as directed by physician.

## SIDE EFFECTS

**WARNING:** Not to be used by pregnant or nursing women

## HOW SUPPLIED

Supplied in bottles of 90 capsules.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

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- Gupta A, Gupta R, Lal B. Effect of *Trigonella foenum-graecum* (fenugreek) seeds on glycaemic control and insulin resistance in type 2 diabetes mellitus: a double blind placebo controlled study. *J Assoc Physicians India.* 2001 Nov;49:1057-61.
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**These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Manufactured by  
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