

# Progesto-Mend™

## DESCRIPTION

Progesto-Mend™, provided by Douglas Laboratories®, is a combination of phytoprogestones, progestogenic adaptogens and other herbs that support optimal progesterone function by maintaining the health of progesterone producing glands and by supporting the healthy function of progesterone responsive tissues

## FUNCTIONS

Phytoprogestones (phytosterols with progesterone-like activity) are provided by Chasteberry and *Dioscorea villosa*, which are able to support the health of progesterone responsive tissues without being chemically converted into progesterone. The progestogenic herbs, Rehmannia, Bupleurum, and *Coleus forskohlii* all belong to a class of adaptogens that support the proper progesterone producing function of the adrenal glands in both genders. Herbs which mimic other actions of progesterone (including healthy neurological and inflammatory function) complement the phytoprogestones and progestogenic herbs. This formulation offers hormone-free support of progesterone function.

## INDICATIONS

Progesto-Mend may be a useful dietary supplement for individuals wishing to support healthy progesterone production and function.

## FORMULA (#99092)

### 3 capsules Contain:

Progesto-Mend Herbal proprietary Blend .... 2100 mg  
Rehmannia(root), Bupleurum(root), Passion flower(aerial parts), Peony(root), Coleus forskohlii(root, standardized to 10% forskohlin), Dioscorea villosa(root) and chasteberry extract(fruit)

## SUGGESTED USE

Adults take 3 capsules daily with meals or as directed by physician.

## SIDE EFFECTS

WARNING: Not to be used by pregnant or nursing women

## HOW SUPPLIED

Supplied in bottles of 90 capsules.

## STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

## REFERENCES

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**These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.**

**Manufactured by  
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